

Ripple Farm Organics

LOCAL & ORGANIC

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December 09 Newsletter

Christmas/New Year Arrangements – see separate letter for details and extras order form

POTATO QUALITY

SOME OF THE POTATO VARIETIES HAVE BRUISING (SHOWN AS BLACK AREAS UNDER THE SKIN) AND SOME HAVE WIRE-WORM DAMAGE (SHOWN AS SMALL BLACK HOLES). BOTH PROBLEMS CAN BE DIFFICULT TO SEE FROM THE OUTSIDE SO WE ARE GIVING YOU EXTRA POTATOES AT NO EXTRA COST. THE DAMAGE CAN USUALLY BE CUT AWAY WHEN PREPARING THE POTATOES, SO HOPEFULLY YOU WILL STILL HAVE ENOUGH USABLE POTATO. BUT IF YOU DO GET A PARTICULARLY BAD SELECTION, PLEASE LET US KNOW.

Taste of Kent Awards 2009 To vote for 12 different awards, including Farmers Market of the Year (shoppers at Wye and Whitstable get voting please) go to www.producedinkent.co.uk/TOKA. There isn't a category for vegetable growers but we have been nominated for Local Food Retailer of the Year already, so you may want to vote for us there.

Box Contents

Staples- Potatoes – Whites are 'Valor', pink/whites 'Ambo' and reds 'Romano', all good all-rounders. You may also get 'Pink Fir Apple' and 'Charlottes', both salad potatoes and 'Aran Victory' – purple skinned roasting potato. Onions and carrots continue weekly. Our own onion stocks are low after a poor crop this year, so we are buying some in now from an organic grower in East Anglia, and should still have some of our own left for the New Year when there will be less UK ones available.

Greens –seasonal greens are spinach, cabbage, curly and 'Cavelo Nero' - black kale, green chard and rainbow chard, leeks, sprouts and maybe purple sprouting broccoli

Salad – the mixed salad bags will be in the boxes less often during December.

Others We also have swede, parsnip, beetroot, celery, celeriac and parsley. We may have more Cauliflower from Andrew Ward, organic grower at Wingham.

Squash Still available are spaghetti, butternut, red kuri, delicata and crown prince – ask if you haven't seen our new squash leaflet.

Wye Farmers Market The next few dates are Dec 5th & 19th

Whitstable Farmers Market The next few Market dates are Dec 12th & **EXTRA ONE ON SUNDAY 20th Dec**

Extras with Boxes The following can be ordered as extras with your standard box	White Potatoes	80p / kg
	Charlotte Salad Potatoes	£1.50 / kg
	Carrots	£1 / kg
	Onions	£1 / kg
	Spinach	£1 / 250g bag
	Kale (Green or Cavelo Nero)	£1 / 250g bag
	Mixed Salad	£1.20 / bag
	Green Cabbage	£1 each
	Squash	£1.50 / kg
	Beetroot	£1 / kg

Thanks for your continued support, from all at Ripple Farm Organics