

Ripple Farm Organics

LOCAL & ORGANIC

Crundale, Nr Canterbury, Kent CT4 7EB

01227 730898 (answer phone)

sarah@ripplefarmorganics.co.uk www.ripplefarmorganics.co.uk



October 09 Newsletter

We have harvested many of our potatoes although we have to wait for some wet weather now, before finishing. The potatoes can get bruised by the big clods of dry earth that the harvester brings up, so we need the ground to soften a bit before we continue.

And with frosts forecast for this Thursday (1 Oct) we hope to pick up the rest of the squash before then.

Farm Walk – Our annual farm walk for our customers will be held on Sunday October and this year we'll walk around the Victorian Walled Garden, Olantigh, Wye. A reminder and directions will be in the boxes nearer the time. There will be a farm walk with Martin, and you will be able to meet some of the other staff who grow and harvest all the vegetables. Teas, coffees and juice provided. Come prepared for whatever the weather throws at us. We'll plan on starting the farm walk at 2pm, please arrive from 1.30pm.

Halloween Pumpkins – These are available to order as extras in October, at £2, £3 and £4. The £3 ones will be about the size of a football. Pumpkins will not be in the standard boxes.

Box Contents

Staples- Potatoes – Whites are 'Valor', pink/whites 'Ambo' and reds 'Romano', all good all-rounders. You may also get 'Pink Fir Apple' and 'Charlottes', both salad potatoes and 'Aran Victory' – purple skinned roasting potato. Onions and carrots continue weekly.

Greens –seasonal greens are spinach, cabbage, kale, green chard and rainbow chard, with leeks starting towards the end of the month.

Salad – the mixed salad bags will be in the boxes weekly during October.

Others the summer tunnel crops are slowing down now (tomatoes, aubergines, sweet peppers, 'Hungarian hot wax' chilli peppers). We also have beetroot, celery, celeriac and rocket and may start harvesting swede towards the end of the month.

Sweetcorn –we still have late varieties, which need more cooking and are naturally less sweet than the so called 'supersweet' earlier varieties

Squash You will have butternut squash on October 1st. Squash will be in the boxes every 2 weeks now, and we will be giving you a squash identification guide shortly.

Wye Farmers Market The next few dates are Oct 3rd and 17th & Nov 7th and 21st

Whitstable Farmers Market The next few Market dates are Oct 10th & 24th and Nov 14th and 28th

Extras with Boxes The following can be ordered as extras with your standard box	White Potatoes	80p / kg
	Charlotte Salad Potatoes	£1.50 / kg
	Carrots	£1 / kg
	Onions	£1 / kg
	Spinach	£1 / 250g bag
	Mixed Salad	£1.20 / bag
	Squash – All varieties	£1.50 / kg
	Pumpkins	£2 / £3 / £4

Celeriac Not the prettiest looking vegetable, celeriac is a knobbly root with a strong celery taste. After peeling you can simply steam it, and mash it with butter or add to stews, stir-frys or roast with other root veggies. It's also tasty grated raw into a salad.

Thanks for your continued support, from all at Ripple Farm Organics